

2015 EMERGENCY PUBLIC INFORMATION CALENDAR

for Neighbors of Seabrook Station in Massachusetts

DO NOT DISCARD. SAVE FOR USE DURING AN EMERGENCY.

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ACCESS AND FUNCTIONAL NEEDS INFORMATION

If you or someone you know requires individualize assistance during an emergency, please fill out and return the Access and Functional Needs Card insert at the back of the calendar as soon as possible.

THIS INFORMATION WILL BE KEPT CONFIDENTIAL BY STATE AND LOCAL AUTHORITIES.

Important Telephone Numbers

For Help During an Emergency

Remember, in a public emergency do not use your telephone except to request help if you need it. For information, listen to your local Emergency Alert System radio station. It is important to leave telephone lines open and emergency workers available for people who need immediate help.

Massachusetts Public Information	211
(TTY))-328-1543
Region I Emergency Operations Center (978)-328-1500
Massachusetts Emergency Management Agency	
West Newbury)-363-2388
Salisbury)-465-0543
Newburyport)-465-4424
Newbury)-465-3737
Merrimac)-346-9676
Amesbury)-388-8155

For Emergency Planning Information in Advance

Emergency Management Office

Amesbury	(978)-388-8155
Merrimac	(978)-346-9676
Newbury	(978)-462-4440
Newburyport	(978)-465-4424
Salisbury	(978)-465-0543
West Newbury	(978)-363-1103

Seabrook Station

Non-Emergency Information Hotline1-800-774-4771 You can call this number any time of the day or night for recorded information about what is happening at the plant.

Family Emergency Planning Guide

Fill in these blanks now and go over this information with your family. Decide who would pick up school-age children at the host facility and where to meet if you were apart in an emergency. Be sure children know what to do if they are alone and the sirens sound. Talk to your neighbors so you can help each other if necessary.

It is a good idea to keep some things handy in case of an emergency: portable radio, flashlight, extra batteries. Keep your car in good running order and don't let the gas tank get too low.

This will all save time and avoid confusion in an emergency.

My best evacuation route is (pages 33-34):
My reception center is located at (pages 33-34):
My school-age children will be taken to (page 31):
Prescription medicines I will need:
Important papers I will need (page 30):
I could get an emergency bus at (pages 35-40):
My local Emergency Management Office non-emergency number during regular business hours is (page 1):
My local Emergency Management Office emergency number is (page 1):
Places that will accept pets (friends/family, motels/hotels, boarding facilities outside the Emergency Planning Zone):
Other things to remember:

Plan in Advance to Evacuate Your Pets

- Mass care shelters do not accept animals other than service animals.
 Plan in advance what you will do with your pets should you have to evacuate. Make a list of places that would accept your pets outside the affected area, such as friends, relatives, pet friendly hotels/motels, boarding kennels, veterinary facilities.
- Prepare an emergency kit for your pets to include:
 - Food: Keep at least three days of food in an airtight, waterproof container.
 - Water: Store at least three days of water specifically for your pets.
 - Medicines and medical records: Keep an extra week's supply of medicines your pet takes in a waterproof container.
 - First aid kit: Talk to your veterinarian about what is most appropriate for your pet's emergency medical needs. Most kits should include cotton bandage rolls, bandage tape and scissors; antibiotic ointment; flea/tick prevention; latex gloves, saline solution.
 - Collar with ID tag, harness or leash: Make sure the identification tag includes information on where you will be staying.
 - Note: It is important to keep your pet's microchip contact information up-to-date.
 - Important documents: Include copies of your pet's registration information, adoption papers, vaccination documents and medical records.
 - Sanitation: Include pet litter and litter box if appropriate, newspapers, paper towels, plastic trash bags.
 - A picture of you and your pet together: If you become separated from your pet during an emergency, a picture of you and your pet together will help you document ownership and allow others to assist you in identifying your pet.
 - Familiar items: Put favorite toys, treats or bedding in your kit. Familiar items can help reduce stress for your pet.

For more information on disaster preparedness for pets, visit the MEMA Home Page at www.mass.gov/mema

Remember: <u>WHEN YOU GO, THEY GO</u>. If you are told to evacuate, take your pets with you. <u>DO NOT LEAVE YOUR PETS BEHIND</u>.

The MASSACHUSETTS PUBLIC INFORMATION PHONE NUMBER is 211.
Additional public information can be found at: www.mass.gov/mema and www.mass.gov/dph/rcp



Newburyport- High Street after an Ice Storm (date unknown) Courtesy of Newburyport Public Library Archives

JANUARY \(\alpha\)

EMERGENCY ALERT SYSTEM STATIONS

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 FEBRUARY 2015

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		kit for y	an emergency our car? n on page 2.	New Year's Day	2	3
4 O Full Moon	5	6	7	8	9	10
11	12	13 Last Quarter	14	15	16	17
18	Martin Luther King, Jr. Day	New Moon	21	22	23	24
25	26 © First Quarter	27	28	29	30	31



Merrimac - Winter delivery sled and driver on the scales in front of Sargent Coal Company on Church Street (1890)

Courtesy of Merrimac Historical Museum, Inc.

FEBRUARY

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Super Bowl 1	Ground Hog Day 2	3	4	5	6	7
		Full Moon				
8	9	10	11	Lincoln's Birthday 12	13	Valentine's Day 14
			Last Quarter			93
15	Presidents' Day 16	17	Ash Wednesday 18	19	20	21
			New Moon			
22	23	24	25	26	27	28
			First Quarter		19	



Two Family Emergency Planning Guide tear-outs are located at the front of the calendar.



Newburyport- State Street Businesses (date unknown) Courtesy of Newburyport Public Library Archives



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during an evacuation? Information on page 2.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
				Full Moon		
Daylight Savings Time Begins	9	10	11	12	13	14
					Last Quarter	43
15	16	Evacuation Day 17 St. Patrick's Day	18	19	First Day of Spring	21
					New Moon	
22	23	24	25	26	27	28
					First Quarter	- Vi
Palm Sunday 29	30	31		What she	ould you do with	your pets



Amesbury- Bailey's Electric Car driven by Thomas Edison (1912) Courtesy of Amesbury Public Library Archives



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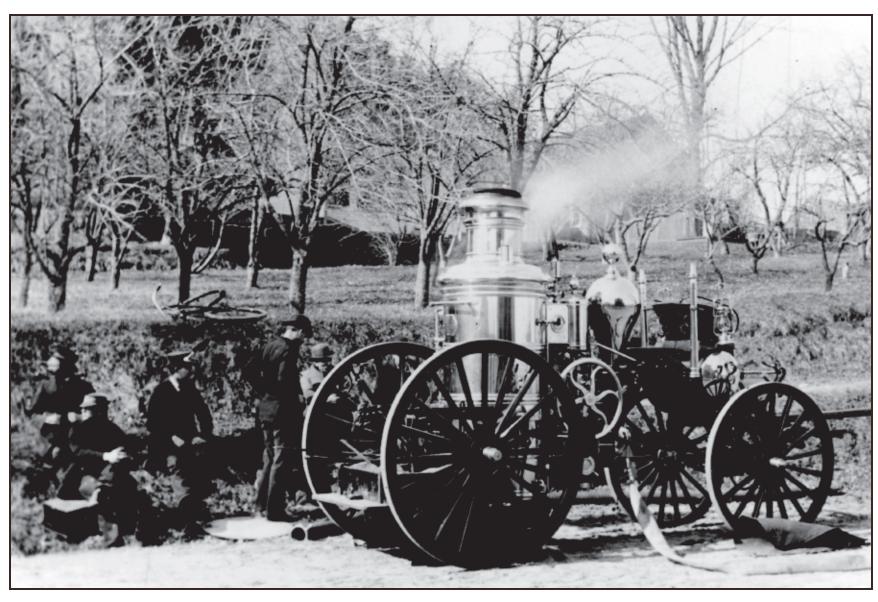
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ATLAN			1	2	Good Friday Passover Begins	4 O Full Moon
Easter Sunday 5	6	7	8	9	10	11 Last Quarter
12	13	14	Tax Day 15	16	17	New Moon
19	Patriots' Day 20	21	Earth Day 22	23	Arbor Day 24	25 First Quarter
26	27	28	29	30	Host S	our child's School? age 31.



Merrimac- Steam Fire Engine on School Street (1910) Courtesy of Merrimac Historical Museum, Inc.



92.5FM 93.7FM 98.5FM 1030AM 1450AM

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Do you have your potassium iodide (KI)? Information on page 43.					1	2
Full Moon	4	5	6	7	8	9
Mother's Day 10	11 Last Quarter	12	13	14	15	16
17	18 New Moon	19	20	21	22	23
24/31	Memorial Day (Observed) 25	26	27	28	29	30



Plum Island, Newbury- Original Life Saving Station (date unknown) Courtesy of Newburyport Public Library Archives



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SUND	ΑΥ	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5	6
	7	8	9 Last Quarter	10	11	12	13
Flag Day	14	15	16 New Moon	Bunker Hill Day 17	Ramadan Begins 18	19	20
Father's Day First Day of Summer	21	22	23	24 © First Quarter	25	26	27
	28	29	30	What are	the Emergency A Information	lert System Radi	io Stations?



Salisbury- Beach Scene (date unknown) Courtesy of Newburyport Public Library Archives



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	What should you do when the sirens sound? Information on page 41.			2	3	Independence Day
			Full Moon			
5	6	7	8	9	10	11
			Last Quarter			
12	13	14	15	16	Eid al-Fitr 17	18
			New Moon			
19	20	21	22	23	24	25
					First Quarter	VE.
26	27	28	29	30	31	
					Full Moon	



Salisbury- Flats at Black Rock (date unknown) Courtesy of Newburyport Public Library Archives

AUGUST \(\alpha\)

EMERGENCY ALERT SYSTEM STATIONS

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		J DOCES		ou sign up for Cod ormation on page		1
2	3	4	5	6	7	8
				Last Quarter		700
9	10	11	12	13	14	15
					New Moon	23 3
16	17	18	19	20	21	22
						First Quarter
23/30	24/31	25	26	27	28	29
						Full Moon



Newburyport- Hicks Bakery (date unknown) Courtesy of Newburyport Public Library Archives



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ready.gov		1	2	3	4	5 Last Quarter
6	Labor Day 7	8	9	10	11	12
Rosh Hashanah Begins 13	14	15	16	17	18	19
20	21 C First Quarter	Yom Kippur Begins 22	First Day of Fall Eid-al-Adha Begins 23	24	25	26
Sukkot Begins 27	28	29	30	_	National Prepare rmation, go to: u	



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EMERGENCY ALERT SYSTEM STATIONS

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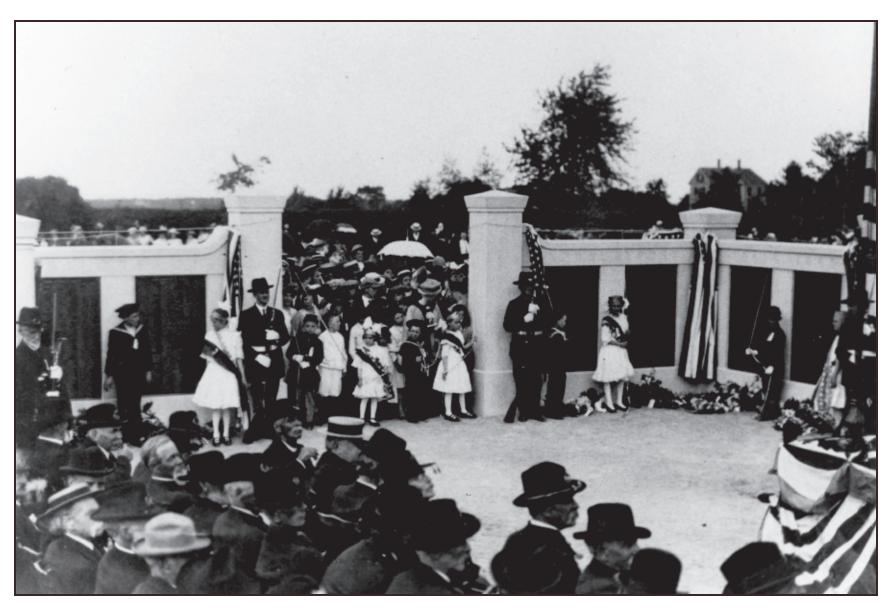
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| NOVEMBER 2015 | S | M | T | W | T | F | S | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | 15 | 16 | 17 | 18 | 19 | 20 | 21 | | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | 29 | 30 |

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Reception Cen	v where your uter is located? n pages 33-34.	1	2	3
4 Last Quarter	5	6	7	8	9	10
11	Columbus Day (Observed) 12	13	14	15	16	17
18	19	20 First Quarter	21	22	23	24
25	26	27	28	29	30	Halloween 31



Newburyport- Unveiling of tablets at Atkinson Common by grandchildren on the GAR veterans (6/17/1913)

Courtesy of Newburyport Public Library Archives

NOVEMBER \(\alpha\)

EMERGENCY ALERT SYSTEM STATIONS

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Do you have working flashlights and extra batteries for severe storms?

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daylight Savings Time Ends	2	Election Day 3	4	5	6	7
		Last Quarter				
8	9	10	Veteran's Day 11	12	13	14
						-
			New Moon			7847
15	16	17	18	19	20	21
				First Quarter		
22	23	24	25	Thanksgiving 26	27	28
			Full Moon		M	
29	30			27	8	



West Newbury- Interior hallway of Indian Hill Farm featuring a staircase from the old Newburyport Tracy Mansion, Firearms from the Revolutionary War to Gettysburg and an old clock that saw 6 generations of the Poores' family (1908) Courtesy of Newburyport Public Library Archives

DECEMBER \(\exists

EMERGENCY ALERT SYSTEM STATIONS

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 Last Quarter	4	5
Chanukah Begins 6	Pearl Harbor Rememberance Day	8	9	10	New Moon	12
13	14	15	16	17	18 First Quarter	19
20	21	First Day of Winter 22	23	24	Christmas Day 25	Kwanzaa Begins 26
27	28	29	30	New Year's Eve 31	Look forward to receiving your 2016 Emergency Public Information Calendar soon in the mail!	

2015 Emergency Public Information

Being Prepared Begins in our Community

An emergency response plan has been developed for your safety in partnership with the Emergency Management Directors in Amesbury, Merrimac, Newbury, Newburyport, Salisbury, and West Newbury. They work continually with fire, police, other public safety organizations, and dedicated volunteers throughout the year to ensure that your community is prepared to respond to an emergency at Seabrook Station, or in any emergency. Please give them your support by reading the

information in this calendar, learning what is planned for your community, and developing an emergency plan for your family.

If you have questions about emergency management in your community, please call your Emergency Management Office at the telephone number listed on page 1.

Take Action Now to Receive Emergency Notifications!

- Download the Massachusetts Alerts Smart phone app for iOS and Android devices at www.mass.gov/mema/mobileapp.
- Sign up now for Seabrook Station's Code Red emergency notification system at https://public.coderedweb.com/CNE/bf065f487535.

Become a Partner in Public Safety—Be Prepared!



City of Amesbury

Jonathan Brickett, Emergency Management Director



City of Newburyport
Thomas Howard, Emergency Management Director



Town of Merrimac

Ralph Spencer, Emergency Management Director



Town of Salisbury
Robert Cook, Emergency Management Director



Town of Newbury Michael Reilly, Emergency Management Director



Town of West Newbury Lee Ann Delp, Emergency Management Director

A message to neighbors of Seabrook Station

The Commonwealth of Massachusetts has a policy on emergency planning:

- First, each and every human life is of equal and inestimable value;
- Second, during an emergency, the Commonwealth of Massachusetts will make every effort and exhaust every resource, public and private, to save lives, reduce injury and suffering, and protect people from exposure to harm;
- **Third,** during an emergency, protective action judgements will be made on the basis of human need. There is no such thing as an acceptable level of death, injury or suffering.

Emergency Information

- This **important** information is provided to you as a public service by the Massachusetts Emergency Management Agency, the Massachusetts Department of Public Health, and Seabrook Station together with the local emergency management organizations. It tells you what to do in the event of an emergency at Seabrook Station.
- Some of this information would also be useful in other emergencies requiring public notification and possible public response. Such emergencies may include train derailments, chemical spills, floods, hurricanes, and tornadoes.
- The Family Emergency Planning Guide tear-out located at the rear of the calendar can be copied and stored in additional locations and/or provided to family members.

Please read this calendar and keep it in a safe and handy place.

How You Will Be Notified of an Emergency

If there is an emergency requiring public notification, you will be alerted by one or more of the following warning signals:

- Outdoor sirens would sound a loud, steady tone lasting 3 minutes.
- Emergency workers will help to notify known persons with Access and Functional needs.
- A message would be provided on TTY (teletypewriter) for persons who have registered with emergency management officials.
- The U.S. Coast Guard would alert ocean boaters. Sirens would alert boaters on the Merrimack River. Marine radio Channels 16 and 22 will also give boaters information.
- MEMA's Twitter and Facebook accounts

- Outdoor sirens would alert people at the beaches and the Parker River National Wildlife Refuge.
 The U.S. Department of the Interior would also alert people at the refuge.
- Massachusetts Alerts app for smart phones. (www.mass.gov/mema/mobileapp)
- Code Red
- Wireless Emergency Alerts

If you hear any of these signals, tune to one of the Emergency Alert Systems stations immediately. DO NOT use the telephone unless you need special assistance.

Check with your neighbors, especially the elderly or those who may require additional assistance, to make sure they have received the warning and know what to do

Are you in the Emergency Planning Zone?

The area approximately 10 miles around Seabrook Station is called the Emergency Planning Zone. Plans have been developed for warning and protecting people within this 10-mile area.

Massachusetts communities in the Emergency Planning Zone are: **Amesbury, Merrimac, Newbury, Newburyport, Salisbury,** and **West Newbury**.

CodeRed will call all published landlines in the Emergency Planning Zone. If you have an unpublished number or would like to be notified via email or your smartphone, sign up for **CodeRed** at https://public.coderedweb.com/CNE/bf065f487535.

Emergency Alert System (EAS)

When you are alerted by the warning signal, you should tune to your local Emergency Alert System (EAS) station for emergency instructions. EAS is the direct link between you and the people responsible for your safety. Instructions may be given to you at any hour, day or night, and will include recommendations as to what you should do for your protection. Follow instructions carefully. Do not worry if you miss the beginning of an emergency broadcast. Information will be provided regularly.

Local EAS Stations

Boston 93.7 FM Boston 98.5 FM Boston 1030 AM Haverhill 92.5 FM Newburyport 1450 AM

In case of an emergency always stay tuned to an Emergency Alert System station for your area.

Emergency Classifications

If an emergency is declared at Seabrook Station, it would be categorized into one of four emergency levels.

- **Unusual Event:** This means a minor problem has occurred at the plant. It may involve hazardous weather or an equipment problem. Public officials would be notified, but there would be no need to sound the warning signals. People in the area would not need to take any special actions.
- Alert: This could affect plant safety but it is not expected to require any special actions by residents. Public officials would be notified. They would watch the situation and be ready to act if it got worse. As a precaution, public officials may mobilize transportation resources. They may

- transfer school children to host facilities outside the area and clear state parks and waterways. Radio or news broadcasts would inform the public of these actions.
- Site Area Emergency: This means a more serious problem has occurred. A small release of radioactive materials from the plant is possible. State and local officials would keep persons in the area fully informed about any necessary actions through Emergency Alert System radio stations. As a precaution, state officials would move school children to host facilities outside the area if this had not already been done. Other precautions would be called for by state officials, as needed.
- General Emergency: This is the most serious type of emergency. It could involve serious damage at the plant and the release of radioactive materials. State officials might order persons in some areas to shelter-in-place or to evacuate to a safer location. Warning signals would notify persons in the area. Special instructions would be issued over the Emergency Alert System radio stations.

What to Do When Told to Shelter-in-Place

You may be instructed to shelter-in-place, which means you should immediately go indoors. If you are already inside, stay there. Often, sheltering-in-place provides the best protection. If a shelter-in-place message is given for your community over the Emergency Alert System radio station, you should do the following:

- Go indoors and close all doors and windows.
- Turn off all window fans, air conditioners, clothes dryers, kitchen and bath exhaust fans, and other sources of outside air, if directed to do so.
- Continue monitor your EAS station for official messages and updated directions.
- Keep pets indoors.

- If you have livestock, shelter them too. Give them stored feed and water from a covered source.
- Stay inside until officials say otherwise. If you
 must go outside, cover your nose and mouth
 with a folded, damp cloth. Persons with respiratory disorders should not go out at all.
- If you are traveling in a motor vehicle in the affected area, close the windows and air vents and turn off the heater. Keep the radio tuned to an EAS station.
- Persons without a place to stay should leave the area immediately.

- If sheltering-in-place is recommended during school hours, children will be sheltered in the school building and cared for by school personnel.
- DO NOT use your telephone unless you need special assistance.

Remember, tune in to one of the Emergency Alert System Stations at:

92.5 FM, 93.7 FM, 98.5 FM, 1450 AM or 1030 AM

for latest information.

What to Do When Told to Evacuate

If an evacuation is necessary, public safety officials will tell you over the Emergency Alert System radio station what to do. DO NOT evacuate unless directed to do so by public safety officials.

- Gather all persons in the house together.
- Take your pets with you.
- DO NOT try to pick up children at their schools.
 They will be taken to designated host schools outside the area where you may pick them up later (see page 34 for map to host schools).
- Household members outside the area may be advised not to return during an evacuation. They will be directed to the reception center where they can join you.
- DO NOT call your local fire or police departments for information. Emergency workers will need their telephone lines for emergency use. You may call Mass 211 for more information. If you need special help, call your local Emergency Management Office at the emergency number listed on page 1.
- The Commissioner of Public Health may recommend that evacuating individuals, who have elected to do so, ingest potassium iodide.
- Stay tuned to your Emergency Alert System radio station.

What to Do as You Leave

- Turn off lights and unnecessary appliances.
- Close and lock windows and doors.
- Check with neighbors to see if they need assistance. Offer to share transportation, if you can.
- If you need a ride, try to get one with neighbors.
- If you cannot get a ride, use the maps on pages 35-40 to locate the emergency bus route near-

est you. Buses will pick you up along the bus routes shown on those maps. If you cannot get to a bus route, contact your local Emergency Management Office at the emergency number listed on page 1. Emergency workers will arrange transportation for you.

 If you have livestock, shelter them. Leave them a three-day supply of stored feed and water that has been protected from possible contamination.

How to Travel

- While traveling in the car, keep all windows and vents closed until you have left the Emergency Planning Zone.
- Keep the car radio tuned to an Emergency Alert System station.
- Drive out of the area along one of the routes shown on page 33.

Some Things to Take With You

Just take essential items that you would need. You could be away from home for a few hours to a few days. These are suggestions that apply to any type of emergency evacuation.

- This calendar.
- Clothing for several days.
- Personal hygiene items (soap, toothbrush, toothpaste, shampoo, etc.).
- Prescription medicines, medical equipment and supplies, important medical records, assistive aids and batteries.
- Special dietary foods.
- Baby supplies.
- Blankets, pillows, and towels (if you will stay at a public mass care shelter).

- Identification (drivers license) and important papers.
- Checkbook, credit card, and cash.
- Passports.

About Your Pets

Do not leave your pets behind. Only service animals will be allowed inside the mass care shelters. You could take your pets with you if you plan to stay with friends or relatives. Develop a buddy system with neighbors, friends and relatives to make sure someone is available to care for or evacuate your pets if you are unable to. See the Family Emergency Planning Guide (Page 2) for more information about evacuating pets.

Reception Center

A Reception Center is available to assist evacuees. The reception center for your city or town is outside the 10-mile Emergency Planning Zone (See page 33 for reception center location).

At the center, you will be registered and checked for contamination. Emergency workers will decontaminate and care for anyone needing this type of assistance. You will be able to receive information about the location of other members of your family who have already registered at the reception center. If you need a place to stay you will be directed to a mass care shelter that will provide meals and lodging.

The reception center and mass care shelters are accessible. If you have additional needs, officials will assist you. If you can, you may want to stay with friends or relatives until the emergency is over.

Plans for Children in Day Care Centers

Early in an emergency, day care centers will be closed. Parents will be notified by telephone, if possible, and asked to pick up their children. Any children not picked up will be taken to a host school outside the emergency planning zone (see list of host facilities), where their parents/guardians can pick them up. Bring an ID with you.

Children may be taken to their predesignated facility where you could pick them up. Do not attempt to pick up your children at any other location.

Parents/guardians should be sure to listen to their local Emergency Alert System radio station to confirm this information at the time of an emergency

Plans for Children in Schools

Early in an emergency, school children may be moved to designated host facilities outside the emergency planning zone. (See list of host facilities). Do not try to pick up your children at their school or phone the school. The phone lines would be needed for emergency use. Instead, meet them at their host schools. Children who live inside the area, but go to school outside the area, will be held at the school until their parents/guardians pick them up. Bring an ID with you. Do not

attempt to pick up your children at any other location.

Parents/guardians should be sure to listen to their local Emergency Alert System radio station to confirm this information at the time of an emergency.

If an emergency existed before the start of the school day, school would be canceled as it is when there is a danger of a winter storm.

Remember, tune in to one of the Emergency Alert System Stations at: 92.5 FM, 93.7 FM, 98.5 FM, 1450 AM or 1030 AM for latest information.

List of Host Facilities

If your	children	attend:	Pick	them	up	at:
---------	----------	---------	------	------	----	-----

Amesbury Schools Methuen High School and Daycares 1 Ranger Road Methuen MA

Salisbury Schools* Marsh Grammar School and Daycares 309 Pelham Street

Methuen MA

Merrimac Schools**

John W. Wynn Middle School

and Daycares 1 Griffin Way
Tewksbury MA

West Newbury Schools
and Daycares

Tewksbury High School
320 Pleasant Street

Tewksbury MA

Newburyport Schools Minuteman High School

and Daycares Marrett Road (off Route 2A West)

Lexington MA

Newbury Schools Wakefield High School

and Daycares 60 Farm Street
Wakefield MA

See page 34 for map to host schools.

*Students who reside in Salisbury and attend Triton Regional Schools will be transferred to the Marsh Grammar School in Methuen

**Students who reside in Merrimac and attend Pentucket Regional Schools will be transferred to the Tewksbury High School.

Evacuation Route Descriptions

NOTE: The use of these suggested main roads will expedite the movement of evacuating traffic away from Seabrook Station.

Amesbury

North: Route 107A North (South Hampton Road) to Route 108 South to Haverhill to Route 110 East to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

East of Market St./South of Elm St.: Route 110 West to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

West of Main St.: Hillside Ave. South, across Route 110 to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

West of Hillside Ave.: Route 110 West to Merrimac. Left on Broad St. to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

Merrimac

East of Church St.: Route 110 to Broad St to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

West of Church St.: Route 110 West to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

Newbury

Plum Island: Plum Island Turnpike West, turn left on Ocean Avenue. South to Rolfe's Lane, South to Route 1A, South to Route 133 West. Route 133 West to

Newbury, continued

I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School

<u>Or</u> Plum Island Turnpike West, turn left on Ocean Avenue, South to Rolfe's Lane to Hanover Street to U.S. Route 1 South to Route 133 West to I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

Inland including Byfield: U.S.Route 1 South to Route 133 West to I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

<u>Or</u> I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

<u>Or</u> Rte.1A south to Route 133 West to I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

Newburyport

East of State St.: U.S. Route 1 South to Route 133 to I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

Between Broad & State Sts.: Low Street to Graf Road, South to Scotland Road to I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

West of Broad St.: High Street West (Route.113) to I-95 South to Exit 51, Endicott Road. Left to Masconomet Regional School.

Salisbury

Salisbury Beach: Route 1A South to Route 133, West to Route 1 South to Route 97 West to Washington Street, then to Endicott Road westbound to the Masconomet Regional School.

South of Beach Rd.: U.S. Route 1 South to Route 133 West to I-95 South to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

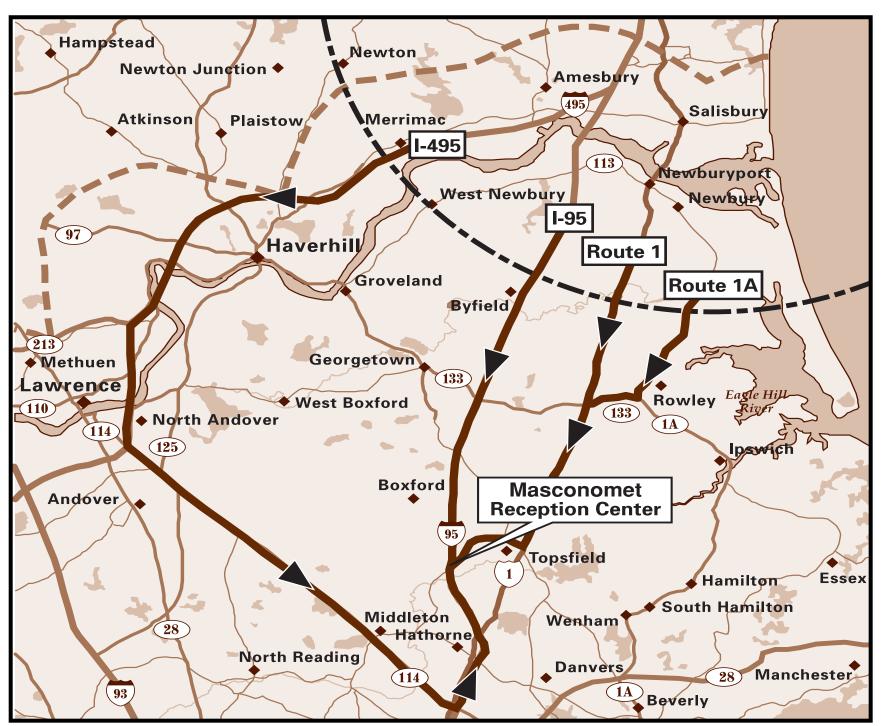
North of Beach Rd.: Route 1 South to Route 97 West to Washington Street, then to Endicott Road westbound to the Masconomet Regional School.

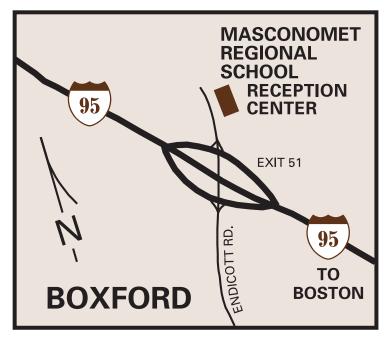
West Newbury

North: Route 113 West (Main Street) to Groveland to Route 97 North/113 West to I-495 South to Exit 42B, Route 114 East to I-95 North to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

South: South Street East to I-95 South to Exit 51, Endicott Road eastbound to the Masconomet Regional School.

Evacuation Route Map

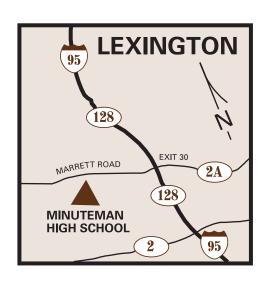


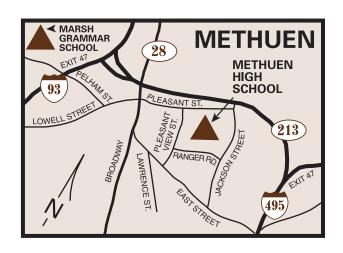


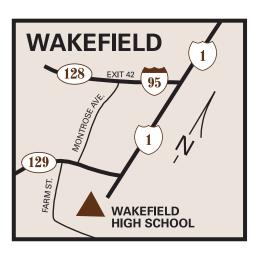
EVACUATE TO MASCONOMET REGIONAL SCHOOL

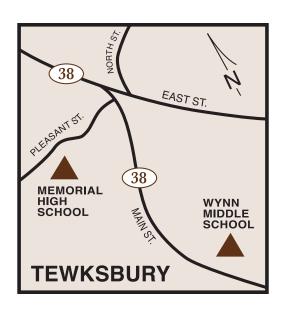
RECEPTION CENTER

HOST SCHOOL









Amesbury

Information

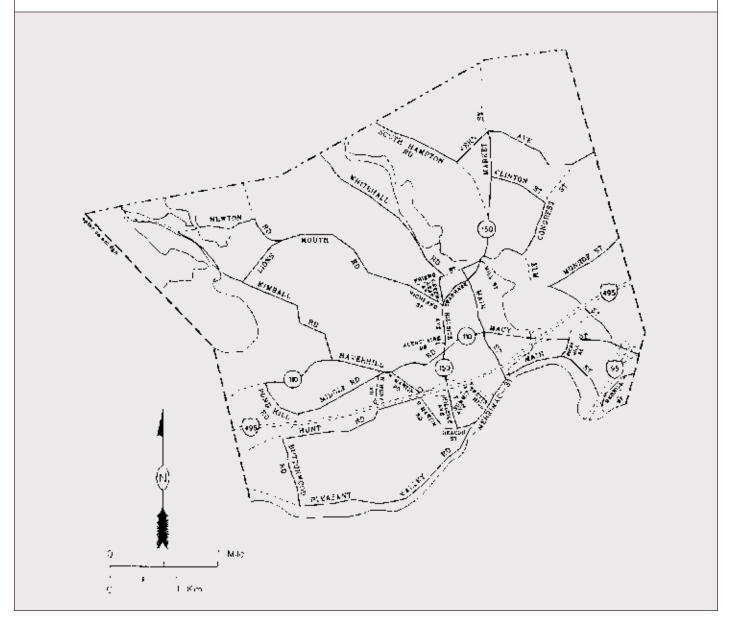
To get a ride in an emergency, walk to one of the routes shown as a solid line.

Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.

Buses will take riders to the reception center at the Masconomet Regional School in Boxford.

Evacuation Route Descriptions

Emergency buses would be available if evacuation should be necessary for your city or town. If you need a ride, a bus would take you to your reception center. Additional bus information could be given on the Emergency Alert System.



Merrimac

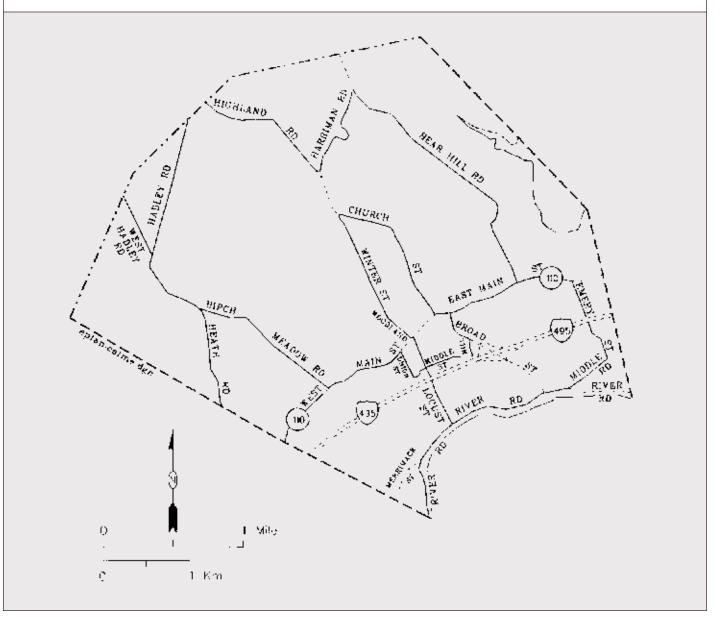
Information

To get a ride in an emergency, walk to one of the routes shown as a solid line.

Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.

Buses will take riders to the reception center at the Masconomet Regional School in Boxford.

Evacuation Route Descriptions



Newbury

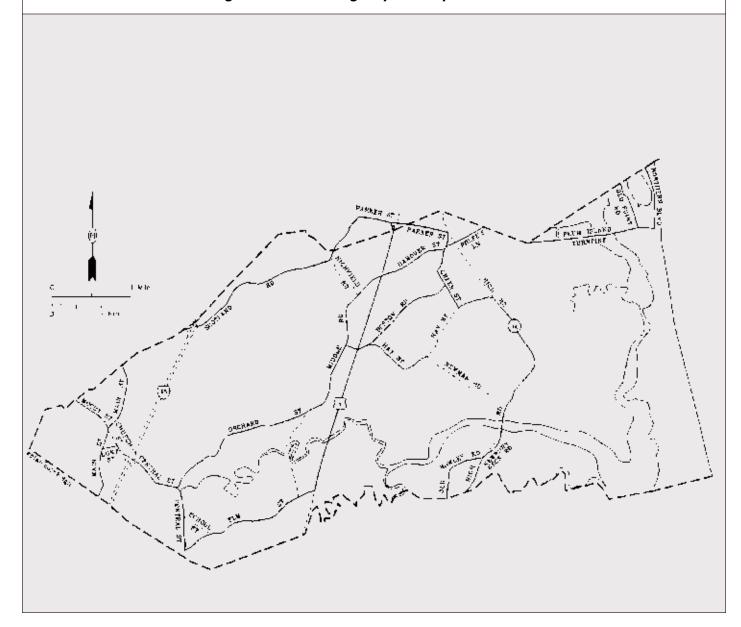
Information

To get a ride in an emergency, walk to one of the routes shown as a solid line.

Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.

Buses will take riders to the reception center at Masconomet Regional School in Boxford.

Evacuation Route Descriptions



Newburyport

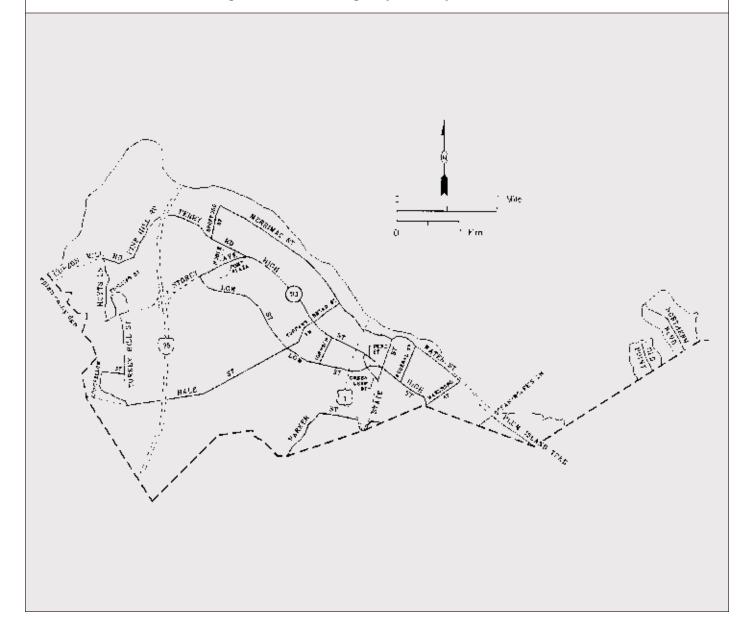
Information

To get a ride in an emergency, walk to one of the routes shown as a solid line.

Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.

Buses will take riders to the reception center at Masconomet Regional School in Boxford.

Evacuation Route Descriptions



Salisbury

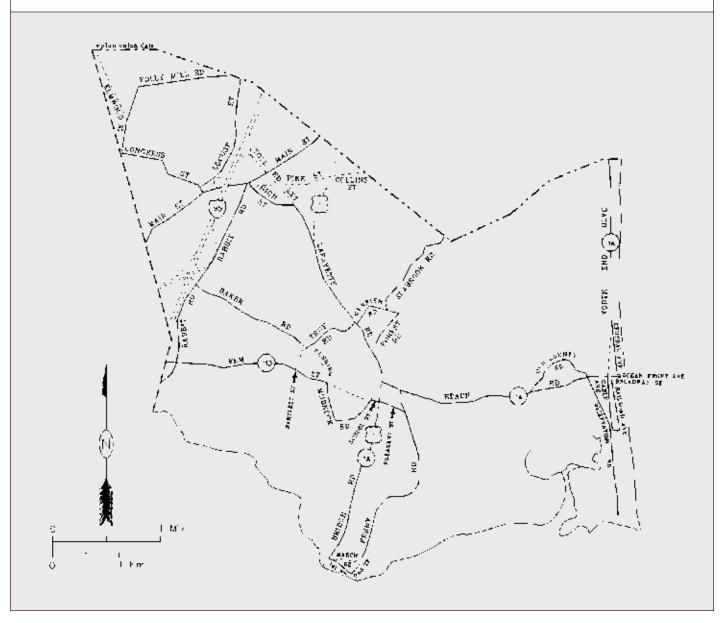
Information

To get a ride in an emergency, walk to one of the routes shown as a solid line.

Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.

Buses will take riders to the reception center at the Masconomet Regional School in Boxford.

Evacuation Route Descriptions



West Newbury

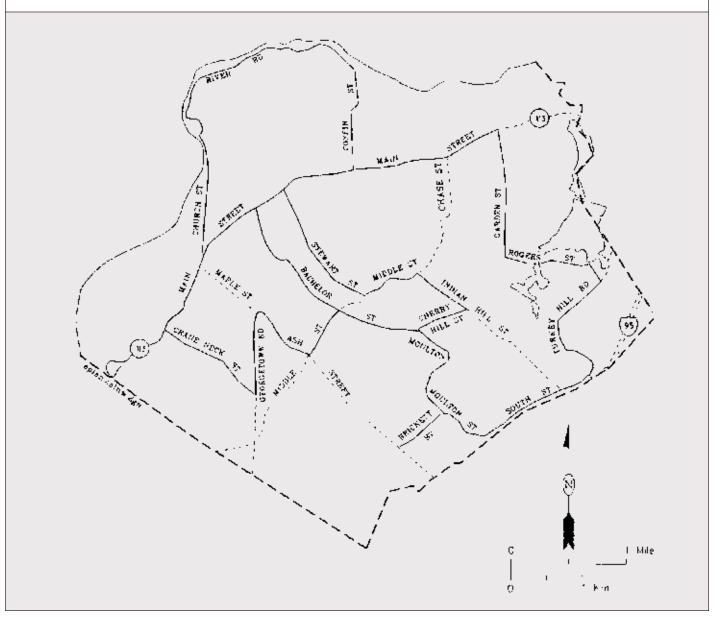
Information

To get a ride in an emergency, walk to one of the routes shown as a solid line.

Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.

Buses will take riders to the reception center at the Masconomet Regional School in Boxford.

Evacuation Route Descriptions



Plans for Individuals Requiring Additional Assistance

Patients in Hospitals and Nursing Homes

Hospital and nursing home patients who could not be released to their families would be taken to facilities beyond the 10-mile zone where they would receive the care they need. In the event of an evacuation, information about where patients have been moved would be provided as it becomes available.

People with Access and Functional Needs

Let your local Emergency Management Director know **in advance** if you need any assistance during a public emergency. If you or someone in your household would need notification or assistance with emergency sheltering-in-place, evacuating, or staying in a mass care shelter, please let your

Emergency Management Director know immediately. Assistance is available, but is best planned before an emergency happens. Please fill out the Access and Functional Needs card at the back of this booklet. A new card should be sent in every year. ALL INFORMATION WILL BE KEPT STRICTLY CONFIDENTIAL.

If you know someone who is Blind or might have difficulty reading this calendar, please read it to them.

If you are Deaf or hard of hearing and would need to be notified on a TTY (teletypewriter) of a public emergency, please notify your local Emergency Management office. You may use the Access and Functional needs card at the back of this booklet.

If you have children who might be home alone, make sure they understand the information in this calendar and know what to do in an emergency. It is especially important that they know how to tune to their Emergency Alert System station.

People at the Beaches

In an emergency, the Salisbury and Plum Island beaches and the Parker River National Wildlife Refuge could be closed. People at the beaches or wildlife refuge should leave those areas and go back to their lodgings or homes. This action could be taken as a precaution even if no emergency actions were needed by the general public. Sirens would alert people at the beaches and the refuge to the emergency. The U.S.Department of the Interior personnel would also alert people at the refuge.

Boaters

Boaters on the ocean would be alerted by U.S. Coast Guard personnel. Sirens would alert boaters on the Merrimack River. Channels 16 and 22 on marine radio would give boaters information, in addition to the Emergency Alert System stations.

Siren Sounding

Emergency Plan Testing

To make sure that the emergency plan works well, it is tested regularly. This testing is called an exercise. Emergency workers and public officials simulate a serious problem and go through the emergency actions in the plan. You can read about these tests in the newspaper before they take place.

Siren Testing

Each of the 121 sirens is tested silently every two weeks to verify its ability to operate. Siren system activation equipment is tested on a similarly frequent basis. Periodically the entire siren system will be sounded throughout the 10 mile EPZ to

demonstrate the sound people would hear from the sirens.

Siren Sounding

Occasionally a siren or sirens may sound accidentally. If you hear a siren, tune immediately to your Emergency Alert System station for information: 92.5 FM, 93.7 FM, 98.5 FM, 1030 AM and 1450 AM. If the sirens were sounded unintentionally, you would be notified via a regular news broadcast. EAS messages would only be used in the event of an actual emergency.

If you do not hear a message, you can call your local public officials (listed to the right). These are non-

emergency numbers with representatives who will be able to tell you if there is an emergency associated with Seabrook Station.

Local Public Officials

Amesbury: (978)388-8165 Merrimac: (978)346-8321 Newbury: (978)465-3737 Newburyport: . . . (978)465-4427 Salisbury: (978)465-3121 West Newbury: . . (978)363-1213

<u>Please do not use 911 to report an accidental</u> siren activation.

About Radiation

Q. What is radiation?

A. Radiation is a form of energy that is all around us. Radar, radiowaves, microwaves, ultraviolet (sun) rays, and X-rays are all forms of radiation. Some radiation is energy released from radioactive matter. Radioactive matter is present in the fuel in nuclear power plants.

People must take care to avoid too much exposure to most kinds of radiation.

One class of radiation can cause changes in the atoms that make up the human body. This class includes ultraviolet rays, X-rays, and radiation from radioactive matter. As with other types of radiation, care must be taken to protect people. People should limit their sunbathing, the number of X-rays they receive, and their contact with highly radioactive matter.

Q. Where does radiation come from?

A. Most radiation comes from natural sources. This is called background radiation. Rocks, water, the sun, and objects in space give off radiation. The ground we walk on, the buildings we live in, and nearly everything we touch contains some radioactive matter. The food we eat and the air we breathe give off radiation. Even our bodies are mildly radioactive.

Some radiation also comes from man-made sources. Man-made radiation comes from things like medical, industrial, and dental X-rays. It also comes from items such as the mantles in camping lanterns, some kinds of smoke detectors, and wood stoves. And some radiation comes from nuclear and even coal fired power plants that generate electricity.

The amount of radiation that a person gets is measured in "millirem." See the chart on right. This chart shows the average amount of some types of radiation received by the general public in one year. You can see from the chart that a nuclear power plant adds very little to how much radiation we receive.

Q. What kind of protection does a nuclear power plant offer?

A. A commercial nuclear power plant in the U.S. has a series of barriers to keep radiation inside the plant.

The nuclear fuel is in pellet form. The pellets are put into long metal tubes. The metal tubes are bundled together. These bundles are placed in water inside the reactor vessel, which is steel, eight inches thick, and is lined with stainless steel. The reactor vessel is inside the containment building.

Seabrook's containment building is the strongest in the U.S. It is called a double containment. This is because it has two steel-and-concrete domes with a five-foot airspace in between. The first dome is of steel and concrete four and one-half feet thick. The outer dome is 15 inches thick. In addition, there is a steel containment liner three-eighths of an inch thick. The containment could withstand the crash of a fighter bomber jet. It could also withstand an earthquake right under the building or other natural disasters.

Q. Can a nuclear power plant explode like an atom bomb?

A. Absolutely not. A nuclear explosion is impossible in a commercial nuclear power plant. A power plant doesn't contain the type of fuel in the amount which is needed to make atomic bombs.

Q. What if there were a major accident at Seabrook Station?

A. In the event that all safeguards failed, radiation could be released. Worldwide experience has shown this to be a very unlikely event. That is why the emergency plan described in this calendar would be put into action to protect you.

Q. Would there be any health effects from a major release of radiation?

A. It is well known that exposure to high levels of radiation may cause observable health effects. Possible health effects from lower levels of radiation are unknown, and consequently the present philosophy of radiation safety is to avoid unnecessary radiation exposure. Most evidence shows that radiation doses in low levels do not cause observable health effects. However, they can increase the chance of health problems later in life. To be especially careful, sheltering and evacuation would be ordered if the public might be exposed to low levels of radiation, using the Environmental Protection Agency's protective action guidelines as recommendations. This would protect you and your family with an ample margin of safety. Be sure to follow the instructions in this calendar and on the Emergency Alert System.

Sources and Amounts of Radiation

(average amounts in millirem)

Air-food-water	36/yr
The earth (Atlantic Coast)	16/yr
Indoor radon	200/yr*
Chest X-ray	15-20/test
Round trip, coast-to-coast plane trip	4/trip
Living next to a nuclear power plant	Less than 1/yr

^{*}Actual dose can vary greatly depending how well a house is ventilated.

Potassium Iodide (KI) and the Public

The Massachusetts Department of Public Health and the Massachusetts Emergency Management Agency want you to know about potassium iodide (KI). The Nuclear Regulatory Commission has made KI available to states for distribution within the 10-mile emergency planning zones of commercial nuclear power stations.

What is potassium iodide (KI)?

Potassium iodide is a drug that can protect the thyroid gland from radiation injury caused by radioactive iodine. The drug is approved for use by the U.S. Food and Drug Administration and is available over-the-counter.

How does it work?

KI saturates the thyroid gland with stable (non-radioactive) iodine, to limit the amount of radioactive iodine that could be absorbed by the thyroid. During a radiological emergency, radioactive iodine could be released to the environment. Iodine concentrates in the thyroid gland. Breathing air or eating food contaminated with radioactive iodine can injure the thyroid and increase the risk of thyroid cancer.

Potassium iodide is only effective against exposure to radioactive iodine and only protects the thyroid gland. KI does not protect against other types of radioactivity that might be released during a nuclear emergency. Evacuation and sheltering-inplace are the primary means of protection. The use of KI is in addition to these protective measures.

For more information, call Mass 211

When should I take KI?

KI should be taken shortly before or shortly after exposure to radioactive iodine to be most effective. Even if taken three to four hours after exposure, it would still reduce the amount of radioactive iodine absorbed by the thyroid and have a substantial effect. The protective effects of KI last approximately 24 hours. Emergency broadcasts over Emergency Alert System radio stations will tell people if the Massachusetts Department of Public Health advises them to take KI.

How much KI should I take or give to my children?

Presently the KI pills are 65-milligram scored tablets. In December 2001, the U.S. Food and Drug Administration published guidance on KI recommending the dosages shown below. These are the **minimum effective doses**; the Massachusetts Department of Public Health supports the use of one (1) 130-milligram tablet for children above three (3) years of age during an emergency. This is in agreement with U.S. Food and Drug Administration guidance.

If you are considering using KI in an emergency, you should discuss whether taking KI is right for you with your health care provider.

Information for Farmers

For information for farmers and food processors, contact:

Massachusetts Department of Public Health Radiation Control Program Schrafft Center, Suite 1M2A 529 Main Street Charlestown, MA 02129 (617)242-3035

www.mass.gov/dph/rcp

How can I get potassium iodide?

It is prudent to have potassium iodide prior to an emergency. Persons living within the 10-mile emergency planning zone may obtain potassium iodide free-of-charge from their local Board of Health.

For members of the EPZ population instructed to evacuate and who have not obtained KI, distribution points will be set up at pre-identified KI Dispensing Sites located outside the EPZ. The two following sites have been set up for the Seabrook EPZ:

- <u>Danvers</u>: Exit 50 off of Route I-95 South (Routes 1 & 62 towards Danvers/Middleton).
 Take the Route 62 East Danvers exit to Maple Street. Putnam Pantry is on the right.
- 2. <u>Lowell</u>: Exit 38 off of Route I-495 South. Bear right onto Route 38 for about one-quarter mile, turn right onto Village Street. Cawley Memorial Stadium will be on your left.

Recommended Dosages of KI

Adults	130 mg
Children aged 3-18 Years	65 mg
Young children (one month to 3 years)	32 mg
Infants (birth through one month)	16 mg



Security at Seabrook Station

Nuclear power plants are the most secure industrial facilities in the United States. After September 11, the nuclear energy industry substantially enhanced security at nuclear plants—already the most secure facilities in the U.S. industrial infrastructure. Security forces at nuclear plants were increased by one-third to approximately 8,000 officers at 103 plants located at 64 sites. Overall, the industry has spent \$1.2 billion on security-related enhancements since September 2001.

NextEra Energy Seabrook Station features some of the strongest structures in the world, a comprehensive security program, and a highly experienced team of security professionals working hard to protect public health and safety. Seabrook Station remains in regular contact with local, state, and federal law enforcement officials, ensuring the exchange of vital information and the ability to prepare for potential threats. In addition, law enforcement agencies participate in training exercises with Seabrook Station officers.

Seabrook Station continues to be at the highest state of security awareness. Security measures taken at Seabrook since 9/11 include:

- extending and fortifying security perimeters
- increasing patrols within security zones

- installing new barriers to protect against threats from explosives in vehicles
- installing additional high-tech surveillance equipment
- strengthening coordination of security efforts with local, state and federal agencies to integrate approaches among the entities.

In addition to these measures, the State of New Hampshire established buffer zones around the plant to prevent boaters and others on the local marshes from approaching too closely. And, the Federal Aviation Administration has issued rules to instruct pilots not to hover, circle, or linger around sensitive installations, including nuclear power plants.

In terms of emergency preparedness, Seabrook Station's Emergency Response Organization (ERO) is made up of nuclear professionals able to respond immediately at any time in the unlikely event of a plant emergency. The ERO regularly conducts drills and exercise with local, state, and federal agencies ensuring emergency preparedness. Both the State of New Hampshire and the Commonwealth of Massachusetts administer comprehensive emergency plans through their offices of emergency management. In fact, the surrounding communities of Seabrook Station benefit by having this established emergency plan in place as it can be utilized for any emergency conditions.

Protecting public health and safety is the top priority at Seabrook Station.

2015 Calendar

JANUARY 2015								FEBRUARY 2015							MARCH 2015						
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For People with Disabilities or other Access and Functional Needs

Provisions have been made to provide emergency assistance for all persons with access and functional needs. It is important that you make any need for assistance known beforehand. For example, a person who uses a wheelchair or requires emergency notification messages to be provided on TTY (teletypewriter). Contact your local Emergency Management Director or use the confidential card on the back cover of this calendar. Emergency information is also available on CD at your local library for persons who are Blind or visually impaired.

> **Contact your local Emergency Management Director or** MAIL IN this CONFIDENTIAL card.

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MASSACHUSETTS EMERGENCY **AGENCY**

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If you would like...

additional copies of this calendar, please call or write to the Massachusetts Emergency Management Agency or contact your local Emergency Management Office.

MASSACHUSETTS EMERGENCY MANAGEMENT AGENCY

Region I Office P.O. Box 116 Tewksbury, MA 01876-0116

Don't forget to sign up for Code Red at:

https://public.coderedweb. com/CNE/bf065f487535

ACCESS AND FUNCTIONAL NEEDS CARD

This Information Will Be Kept Confidential- For State and Local Official Use Only

Do you require assistance in an emergency?

Please tear along dotted line, seal closed with address facing out, and mail. No postage is necessary.

this card. someone in your area that may require additional assistance in an emergency, please urge them to complete and return to require additional assistance in an emergency, please fill out and return this card as soon as possible. Also, if you know It is important that you make any access and functional needs known before hand. If you have a need that may cause you

Even if you sent in an Access and Functional Needs Card in the past, a new card should be sent in each year.

Please tear along dotted line, seal closed with address facing out, and mail. No postage is necessary Veight of animal _1 Other: Service Animal Species Sheltering- in- place assistance noitstroqenstT **∠** Assistance Needed: Lvacuation assistance out of my home TTY or Video Phone (circle one) Number ■ I receive Personal Assistance Services I use an aid or device (i.e. for mobility, communication etc.) Individualized Notification An ambulance Bus transportation □ Transportation eonebneqebnl gninistnisM 📙 Wheelchair accessible transportation noisiviagu2 📙 La Medical noitsoinummod L Below, please mark an "X" in EACH box that applies to your need: Phone (Work) Cell Cell Phone (Home) Phone (Home) Address/City/Zip qiZ\\ytiO\esa1bbA Изте Name in an emergency: in an emergency: Relative/person we can notify to assist you Yes, I/this person will need assistance PERF HERE; DOTTED LINE DOES NOT PRINT

Card in the past, a new card should be sent in EACH YEAR. Please note: Even if you sent in an Access and Functional Meeds

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